



FOOD HYGIENE

1. is the appropriate temperature to keep frozen food.
 - a) 0° C
 - b) 15° C or lower
 - c) -18° C or lower
 - d) 20° C or lower
2. Where should raw meat be placed in a refrigerator?
 - a) At the top
 - b) In the middle
 - c) At the bottom
 - d) Anywhere
3. GMP labelling on products stands for
 - a) Good Manufacturing Practice
 - b) Genetically Modified Product
 - c) Genuine Manufacturing Practices
 - d) Great Manufacturing Performance
4. At what temperature mesophilic pathogens grow best?
 - a) 10° C
 - b) 20 - 45° C
 - c) 55° C
 - d) 90° C
5. Food Handlers should have their fingernails.....
 - a) Smooth
 - b) Long
 - c) Sharp
 - d) Short
6.therefore it is recommended to cover hair while handling or preparing food.
 - a) Long hair gets in your eyes
 - b) Hats keep your hair clean
 - c) Hats look smarter
 - d) Hair and dandruff can fall into food
7. To keep food safe from microbial contamination, the cooked food served hot should be kept at a temperature of at least
 - a) 10° C
 - b) 60° C
 - c) 20° C
 - d) 78° C
8. Which one of the following is an offence under the Food Safety Act 1990?
 - a) Putting rubbish outside the premises
 - b) Selling cold food
 - c) Selling food that is hot
 - d) Selling food unfit for consumption
9. To prevent microbial growth, cooked food to be served cold should be kept below.....
 - a) 50° C
 - b) 68° C
 - c) 20° C
 - d) 78° C
10. According to the US FDA, what is the ideal refrigerator temperature?
 - a) 4 - 10° C
 - b) at or below 4° C
 - c) 1.7 to 3.3° C
 - d) -2 to 0° C
11. Receiving and storage temperature of potentially high-risk food should be at or below.....
 - a) 5° C
 - b) 60° C
 - c) 25° C
 - d) 78° C
12. In food preparation environment, the finest way to dry hands after washing them is:
 - a) Using paper towels
 - b) Damp towels
 - c) Just let them dry naturally
 - d) Using automated dryers
13. The appropriate concentration for a chlorine solution used to sanitize food contact surfaces is
 - a) One capful of chlorine for every gallon of water
 - b) Any Concentration of Chlorine
 - c) Concentration between 50 and 100 ppm, which can be measured with a chlorine paper test strip
 - d) Concentration must be at 200 ppm, which can be measured with a Chlorine paper test strip
14. What is the minimum temperature to which raw fish must be cooked?
 - a) 145° F
 - b) 155° F
 - c) 165° F
 - d) 180° F
15. "Danger Zone" is the range of temperature between.....during which the bacteria grow most rapidly.
 - a) 50° F to 100° F
 - b) 40° F to 140° F
 - c) 80° F to 100° F
 - d) 100° F to 200° F

Answers

1. (c) 2. (c) 3. (a) 4. (b) 5. (d) 6. (d) 7. (b) 8. (d)
 9. (a) 10. (b) 11. (a) 12. (a) 13. (c) 14. (a) 15. (b)



CYCLONES

- Any large system of winds circulating about a centre of low atmospheric pressure in a counterclockwise direction north of the equator and a clockwise direction to the south is known as
 - Anticyclone
 - Tsunami
 - Cyclone
 - Hailstorm
- In which region cyclonic rainfalls occur largely?
 - Mexico
 - Egypt
 - India
 - UK
- In the year 2019, cyclones emerging from the Arabian sea were Vayu, Hikka, Maha and _____.
 - Fani
 - Kyarr
 - Bulbul
 - Amphan
- The principal agency responsible for weather forecasting, meteorological observations and seismology is
 - Indian Meteorological Department
 - Geological Survey of India
 - Indian Space Research Organisation
 - None of these
- The Headquarter of the India Meteorological Department is in
 - Chennai
 - New Delhi
 - Kolkata
 - Odisha
- The first pre-monsoon cyclone in a century, observed this year was
 - Nisarga
 - Amphan
 - Bulbul
 - Fani
- Cyclone Amphan destroyed lives and property in which of the following states?
 - Goa
 - Odisha
 - West Bengal
 - Both b and c
- _____ was the second pre-monsoon cyclone hitting India in 2020.
 - Amphan
 - Nisarga
 - Kyarr
 - Vayu
- Cyclone Amphan got its name from
 - Thailand
 - Japan
 - Japan
 - Australia
- The name of cyclone Nisarga was suggested by
 - Yemen
 - Sri Lanka
 - Bangladesh
 - Iran
- Cyclones around the world are named by
 - Regional Specialised Meteorological Centers
 - Tropical Cyclone Warning Centers
 - Both a and b
 - None of these
- Which of the following factors contribute to the development of cyclones?
 - Wind speed
 - Temperature
 - Humidity
 - All of these
- Cyclones are known as _____ in USA.
 - Typhoons
 - Hurricanes
 - Tropical cyclones
 - Tornadoes
- Recently, IMD has released new names for the tropical cyclones in the Indian Ocean, the list included _____ names.
 - 169
 - 150
 - 300
 - 24
- The prime reason for the intensification of cyclone Amphan into a super cyclone is
 - High sea temperature in Pacific Ocean
 - Low vertical shear winds in Arabian Sea
 - Rapid warming up of Bay of Bengal
 - None of these.
- Which of the following is a satellite for weather forecasting cyclone detection and tracking?
 - SCATSAT-1
 - Astrosat
 - Cartosat-2
 - Megha-Tropique

Answers

1. (c) 2. (c) 3. (b) 4. (a) 5. (b) 6. (b) 7. (d)
8. (b) 9. (a) 10. (c) 11. (c) 12. (d) 13. (d) 14. (a)
15. (c) 16. (a)