1. Cancer is a multistage process that results from the transformation of normal cells into tumour cells. According to the World Health Organization (WHO), cancer is the second leading cause of death globally, and was held responsible for 8.8 million deaths in the year 2015. Seeing the graveness of this problem, an international awareness day called ‘World Cancer Day’ is observed every year to fight against cancer through education, raising awareness and by advocating governments and individuals to take appropriate actions. When is the ‘World Cancer Day’ observed?

2. Tobacco is grown for its leaves, which are later dried and fermented to be used in tobacco products. According to the WHO, tobacco kills up to half of its users and the global tobacco epidemic kills more than 7 million people each year, of which surprisingly about 9,00,000 people are non-smokers dying from breathing second-hand smoke. The Member States of the WHO created the ‘World No Tobacco Day’ in 1987 to be observed annually on 31 May to highlight the health risks associated with tobacco use and encourage governments to adopt effective policies to reduce smoking and other tobacco uses. State the theme of the ‘World No Tobacco Day’ for 2019.

3. Despite about 92 million yearly blood donations worldwide, safe blood is constantly on high demand, especially in the developing countries. Countries around the world celebrate ‘World Blood Donor Day’ to thank voluntary, unpaid blood donors for their life-saving contributions in the form of blood and to raise awareness of the need for regular blood donations to ensure the quality, safety and availability of blood and blood products for patients in need. When is the day observed?

4. Rabies is an infectious viral disease. It is transmitted from animals to humans chiefly by dog bites. In order to raise awareness about the problem of rabies and bring the world together to enhance prevention and control efforts globally, ‘World Rabies Day’ is observed annually on 28 September focussing a special theme for each year. Name the theme of the ‘World Rabies Day’ for 2018.

5. Mental disorders comprise a broad range of problems such as abnormal thoughts, emotions, behaviour and relationships with others. More than 300 million people suffer from depression and more than 260 million are living with anxiety disorders. The ‘World Mental Health Day’ has been celebrated annually since 1992. On what day is this day observed?

6. Diabetes is a chronic disease that occurs either when the pancreas gland does not produce enough insulin hormone or when the body cannot effectively use the insulin it produces. To focus on concerns about the escalating health threats posed by diabetes, ‘World Diabetes Day’ was created in 1991 by the International Diabetes Federation (IDF) and the World Health Organization (WHO). When is ‘World Diabetes Day’ celebrated every year?

7. Autism is a lifelong neurological and developmental disorder that manifests during early childhood, irrespective of gender, race or socio-economic status. To highlight the need to help improve the quality of life of those with autism so they can lead meaningful lives as an integral part of the society, the United Nations General Assembly declared to observe ‘World Autism Awareness Day’ annually. When is this day observed?
8. To inspire action to tackle the global sanitation crisis, World Toilet Organization was founded on 19 November 2001 and the inaugural World Toilet Summit was also held on the same day declaring 19 November as ‘World Toilet Day’. Name the theme of this day for year 2018.

9. Acquired Immuno Deficiency Syndrome (AIDS) is caused by the Human Immunodeficiency Virus (HIV) that targets the immune system and weakens people’s defence systems against infections. As the virus destroys and impairs the function of immune cells, infected individuals gradually become immune-deficient. The ‘World AIDS Day’ is observed annually to unite in the fight against HIV. When is this global Day observed?

10. Malaria is a mosquito-borne disease caused by the Plasmodium parasite and is spread by the infected female Anopheles mosquito. To give people a chance to promote or learn about the efforts needed to prevent and reduce malaria around the world, ‘World Malaria Day’ is observed annually. On which date, this day is celebrated?

11. Down syndrome, existing in all regions across the globe, is a genetic disorder and the most common autosomal chromosome abnormality in humans, where extra genetic material from chromosome 21 is transferred to a newly formed embryo. It is typically associated with delay in physical growth, characteristic facial features and mild to moderate intellectual disability. When is the ‘World Down Syndrome Day’ observed?

12. Tuberculosis (TB), a droplet infection, is caused by the bacterium (Mycobacterium tuberculosis) that most often affects the lungs. The ‘World Tuberculosis Day’, falling on 24 March each year, is designed to build public awareness about this serious issue. Name the theme of the ‘World Tuberculosis Day’ for 2019.

13. The World Health Organization (WHO) defines health as ‘a state of complete physical, mental, and social well-being and not merely the absence of disease or infirmity’. Long back in 1948, during the World Health Assembly, held in Geneva by the WHO, it was decided to celebrate the ‘World Health Day’ annually. Since then, this day is being celebrated to raise the common public awareness towards the health issues and concerns. When is ‘World Health Day’ observed?

14. Albinism occurs in all racial and ethnic groups throughout the world. It is a rare group of genetic disorders that causes the skin, hair, or eyes to have little or no colour. This defect may result in the absence or a reduced amount of melanin production in the body. ‘International Albinism Awareness Day’ was adopted by the UN General Assembly in 2014. When is this day observed?

15. The World Health Organization (WHO) estimates that more than 8,00,000 people die of suicide each year that is one person every 40 seconds. To raise awareness around the globe that suicide can be prevented, ‘World Suicide Prevention Day’ is observed annually on 10 September with a special annual theme. Name the theme of ‘World Suicide Prevention Day’ for 2018?

Answers:
1. 04 February
2. Tobacco and lung disease
3. 14 June
4. Rabies: Share the message. Save a life
5. 10 October
6. 14 November
7. 02 April
8. When nature calls
9. 01 December
10. 25 April
11. 21 March
12. It’s time
13. 07 April
14. 13 June
15. Working Together to Prevent Suicide

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