

## Note

### Prevention of Malaria Through Homoeopathy†

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In homoeopathy there is no specific medicine (called remedy) to prevent a disease. But, it provides for proper functioning of the immune system of a person against diseases through constitutional or miasmatic treatment. Of course, hygiene, socio-economic conditions must be congenial to health. The study was limited to the prevention of malaria and the work is going on in the clinic and a nearby village. Data, including pathological evidence has been presented. The work was carried out in three groups of people, *viz.* non-suffered, suffered, and those treated under allopathy or homoeopathy systems. The results present showed that, the prevention of malaria through homoeopathy is full of possibilities.

Homeopathic concept of disease is different from that of other schools. The cause of disease is morbid dynamic agent which invades the dynamicity of a living organism, called *vital* principle, and if could defeat the vital principle, then it produces signs an symptoms, characteristic of the morbid condition, upon the body and mind of the victim. A disease is then resultant of the interaction between the invader disease force, and the invaded life force. And, any disease can only be prevented by keeping the life force undisturbed, at the same time, its autocratic functioning should have to maintain psycho-somatic health in equilibrium. Thus, prevention of disease is the natural function of the vital principle of individual organism. Homoeopathy provides a healthy condition by which it cures and at the same time prevents the incoming enemy force to enter into.

It is also the fact that individual at apparent normal state possesses some peculiar unique character. By study one can find out those particularities are nothing but some intercurrent morbid conditions which are flowing down from generation to generation through combination and permutation of social, economic, environmental, personal habits, domestic relations, iotrogenic effects, and even moral and intellectual functions, etc or in

one word, hereditary or genetic mutation. Upon study, one could reach the fundamental causes of disease, *viz.* the three miasms—psora, syphilis, and psychosis—or their combination. Homoeopaths try to find out such causative factors and accordingly treat against such miasmatic conditions which produces either extinction or shelve dormant to the miasm. Thus, vital principle maintains harmony, retains normal functioning of the body and mind, and it also prevents the inimical forces with full vigour.

Obviously, hygiene and norms prescribed by the Welfare Organisations must be obeyed particularly regarding malaria, the subject the paper is concerned with. The work was started in 1996 in two fields. One is at authors' clinics, while the other one is in a village adjacent to southeast Kolkata under a Social Welfare Organisation—*Naba Jana-Kalyan Samity*, Mukundapur on the hypothesis that “Health Providence is the Real Preventive Measure (of disease) which Homoeopathy does”. The present study was limited to malaria fever because its preventive medicine or vaccine has not yet been discovered. Under the study, more than 100 cases have been treated of which 40 persons were malaria positive and the rest were the family members of the victims having apparent normal health. All the treated persons fell into the following three groups (Table 1):

- 1 Those who suffered with malaria—once or more often, as confirmed by blood examination. Most

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Total cases	100			
Malaria	40	<i>P vivax</i>	33	<i>P falciparum</i> 7
Second attack	None	38	No further attack after homoeopathic treatment	
	Second attack	02		
Miasmatic treatment	60	Approached after malarial treatment	32	
Families examined	60	(in Mukundapur village in Kolkata)		
Blood examined	70	M.P.	none	

of the sufferers came for homoeopathic treatment to overcome repeated attacks even taking usual anti-malaria drugs with follow-up treatment. Nearly 90 per cent of such cases suffered no further attack while 10 per cent suffered the attack once more or rarely twice where the intensity and the duration of suffering were less than the previous attacks. Out of the 40 cases, three were Falciparum and 29 were the Vivax type.

- 2 The fresh cases of malaria, and there were eight such cases, of which four shifted to allopathic treatment, but came back for further treatment to prevent the recurrence. Three persons took allopathic treatment to keep the temperature down along with the homoeopathic treatment, and one was cured by only homoeopathic treatment and it belonged to Falciparum.
- 3 More than 60 per cent of family members of malaria victims came under homoeopathic treatment and supervision. It was observed that

they did not suffer from malaria for another not less than six months period, even though other acute diseases were not infrequent. Of course, the advice to obey the hygiene and other norms prescribed by the welfare organization, particularly for malaria was given in beforehand.

On a broader level this project has been recently started just in a village as stated above. A specially prepared "Case-taking Form" was distributed to the 60 families of approximately 250 members who agreed to follow the instructions. As the work has not yet matured the results could not be included in this paper. The overall indication of the progress and work done appears to be satisfactory and the findings are full of possibilities in tackling malaria, particularly its prevention, that was the topic of the paper.

#### References

- 1 Hahnemann S. *Organon of medicine*, 5<sup>th</sup> ed, translated by R E Dudgeon, Section 9 with footnote.